

FEATURES

# Sea Bream: Japan's Auspicious Fish



Photo:PIXTA

A whole grilled sea bream prepared for an *okuizome* ceremony

**T**he sea bream has been a very familiar presence in the Japanese people's diet since ancient times. As an auspicious fish, in particular, it is often served at festive occasions such as New Year's Day and wedding receptions. In this month's issue of *Highlighting Japan*, we introduce this fish that is so special to the Japanese people. You find the examples included its fishing grounds, how it is served in cuisine, traditional events featuring sea bream, and sweets shaped like one.



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